



Mental Health Counseling Internship Program

What is Community Services Institute?

CSI is a family-owned community mental health clinic focused exclusively on outpatient, trauma-informed psychotherapy, psychiatry, and psychological assessment working with clients with symptoms of:

- PTSD associated with combat exposure, developmental trauma, domestic violence, and witnessing horrific events
- Post incarceration mental health services for dual diagnosis
- Issues impacting school performance, including behavioral and learning related issues

One meaning of the word “institute” is: “an organization founded to promote a cause.” Our cause is to ease the suffering of individuals traumatized by violence, dislocation, and poverty. CSI is a “community-based teaching clinic” offering training programs and strong clinical supervision for Master’s level Social Work and Mental Health Counseling, Doctoral Practicum, Doctoral Internships as well as Post-Doctoral Fellowships to help develop psychotherapists who are knowledgeable in providing trauma-informed care.

History of Community Services Institute

More than 30 years ago, CSI began offering mental health services in Massachusetts as part of the De-Institutional movement of the 1970’s, when long-stay psychiatric hospitals were replaced with community mental health services. The Massachusetts Department of Social Services (now called DCF) began to use CSI as a tool in fighting victimization of vulnerable children and families receiving DSS services. CSI has been fiercely committed to keeping families living together in the community through the use of psychotherapy, supported by psychiatric evaluation services, and a psychology department with extensive expert experience in psychological testing, parenting evaluations, and risk assessment. CSI clinicians honor the proud legacy of the late Anna Freud’s “The Best Interest of the Child” in all clinical work using psychology to understand the complex field of child abuse and neglect.

Services Provided at CSI

- Telebehavioral health on HIPAA compliant platform
- Outreach psychotherapy* currently telehealth due to pandemic
- In-clinic psychotherapy* currently telehealth due to pandemic

- Psychological evaluations* on hold due to pandemic
- Psychiatric Medication Services
- Therapeutic Mentoring Services

Description of Mental Health Counseling Internship Program

Mental health counseling interns will be responsible for providing individual psychotherapy to children, adolescents, adults, and families struggling with serious emotional disturbances, psychological impairments, addictions, and high-stress life circumstances. Sessions will occur through telehealth until pandemic ceases and government restrictions are removed, and at that time services will return to in-clinic and outreach. Many clients at CSI have experienced some sort of traumatic event as well as are involved with the Department of Children and Families. As a part of a 20 hour per week internship, students can expect to receive:

- Average of 8-10 direct client hours per week
- 1-hour weekly individual supervision with a LMHC with 3 years post licensure experience; One hour of group supervision per week
- One hour of weekly documentation training and support
- 1-hour weekly didactic training focused on becoming a trauma informed

therapist and providing evidenced based treatment

Additional responsibilities include one professional presentation that can be completed during a didactic training or during CSI's monthly staff meeting on the second Monday of each month.

Interns are welcome to work with their supervisors to tailor their training experience based on their interests. Previous trainees have focused their trainings on gathering experiences in:

- Trauma-informed care
- Play therapy, including directive and non-directive approaches
- Navigating and supporting wrap-around services

What CSI looks for in an Intern

Mental health counseling interns must be a full time graduate student in their second year of a Mental Health Counseling Master's program and have completed their pre-practicum coursework. Mental health counseling interns should be able to work both independently and collaboratively with other professional staff and providers in the area. Mental health counseling interns should also have good time management skills. Mental health counseling interns should be open and flexible to the challenges that the internship year provides,

while maintaining a state of professionalism. Mental health counseling interns will be expected to maintain strict confidentiality as required by the various laws and ethics code associated with the mental health professions.

How to Apply

To be fully considered for the position, please submit your CV and a cover letter expressing your interest in the internship and why you would be a good fit. Applications and questions about the internship program can be directed to:

Lisa Mindell, M.Ed., LMHC
Mental Health Counseling Internship
Coordinator

413-739-5572 ext. 167

lisa.mindell@communityserv.com

Susan Rogers, Psy.D., LP, LMHC
Licensed Psychologist

Director of Clinical Services

413-650-1073

susan.rogers@communityserv.com

